



COMPLIMENTARY VIRTUAL SESSIONS + CCNFSU HYBRID EVENT

CRN-INTERNATIONAL | 2026 SYMPOSIUM SERIES

***Next-Generation Nutrients:
Advancing Nutrition Science
Throughout the Lifespan***

15 SEP	NICOTINAMIDE RIBOSIDE
20 OCT	DHA/EPA
5 NOV	CHOLINE
17 NOV	LUTEIN/ZEAXANTHIN

IN PERSON + ONLINE

NUREMBERG

5 NOVEMBER

**Sheraton Carlton
Hotel Nuernberg**
alongside CCNFSU45

BREAKFAST 8:00–9:00

SYMPOSIUM 9:00–11:00

Choline session
available worldwide online

COMPLIMENTARY 2026 SYMPOSIUM SERIES

Four focused sessions examine next-generation nutrients and their roles in health, resilience and function across the lifespan.

SCAN FOR DETAILS
AND REGISTRATION



15 SEPTEMBER • VIRTUAL 11:00–12:30 EDT

NICOTINAMIDE RIBOSIDE



Charles Brenner, Ph.D.
University of Helsinki



Mary M. McDermott, M.D.
Northwestern University



Andrew Shao, Ph.D.
Moderator • Niagen Bioscience

CRN-I opens its 2026 symposium series with a deep dive into nicotinamide riboside (NR) — an NAD+ precursor with a growing body of evidence in cellular metabolism, energy production, and healthy aging.

20 OCTOBER • VIRTUAL 15:00–16:30 EDT

OMEGA-3: DHA & EPA



Danielle Christifano, Ph.D.
University of Kansas Medical Center



Philip C. Calder, Ph.D.
University of Southampton



Sonia Hartunian-Sowa, Ph.D.
Moderator • dsm-firmenich

This session brings together two leading international experts to examine current evidence on DHA and EPA across the lifespan — from maternal and pediatric nutrition to cognitive function, cardiovascular health, and healthy aging.

5 NOVEMBER • HYBRID 9:00–11:00 CET

CHOLINE



Rima Obeid, Ph.D., M.P.H.
Saarland University Hospital



Emma Derbyshire, Ph.D.
Founder and CEO • Nutritional Insight Ltd.



Trygve Bergeland, Ph.D.
Moderator • Balchem

Join us in person in Nuremberg (or access virtually worldwide) to explore findings related to neurological health, liver health, and metabolic outcomes across the lifespan — and consider what the science means for nutrition policy.

17 NOVEMBER • VIRTUAL 11:00–12:30 EST

LUTEIN & ZEAXANTHIN



Naiman A. Khan, Ph.D., R.D.
University of Illinois Urbana-Champaign



Elizabeth J. Johnson, Ph.D.
Tufts University



Lisa M. Renzi-Hammond, Ph.D.
University of Georgia



Deshanie Rai, Ph.D.
Moderator • Kemin

Examine current and developing evidence on lutein and zeaxanthin — from visual function and macular health to cognitive outcomes and aging populations. Explore the strength and maturity of the science, research gaps, and implications for nutrition policy and regulatory frameworks.

FOR REGULATORS • RESEARCHERS • CLINICIANS • POLICY PROFESSIONALS • NUTRITION INDUSTRY

Three live virtual sessions + one hybrid session alongside CCNFSU45 in Nuremberg, Germany